

Food Resources Kitchener & Waterloo

Waterloo

- Emmanuel Church
 - 22 Bridgeport Road West, Waterloo
 - TAKE OUT Meals Bridgeport Café Program
 - Tues-Friday 1:00 – 3:00 pm
 - Emergency Food Bag Program thru Food Bank on Thursdays at the same time

First United Church (November - April only)

- 16 William Street West, Waterloo
 - Fridays TAKE OUT 6:00 pm - 7:00 pm
 - Fridays Drop-In 4:30 pm- 10:00 pm
 - Limited canned goods for those that need them

St. Louis Community Supper (November - April only)

- 53 Allen Street East, Waterloo
 - Sunday 5:30 pm - 6:30 pm

Kitchener

- Stirling Avenue Mennonite Church (November - April only)
 - 57 Stirling Street North, Kitchener
 - Saturday Suppers
 - TAKE OUT bagged meal March 21st 5:00 pm -7:00pm

St. John's Kitchen

- 97 Victoria Street North, Kitchener
 - Monday - Friday 11:30 am & 1:00 pm

Trillium Lutheran Church Community Ministry

- 22 Willow Street, Waterloo
 - TAKE OUT – Thurs 5-6 pm

St. Matthew's Lutheran Church (November - April only)

- 54 Benton Street, Kitchener
 - Wednesdays 5:30 pm
 - Thursdays 7:30 am - 9:00 am

Ray of Hope Community Center

- 659 King Street East, Kitchener
 - Monday - Friday 7:00 pm
 - Saturday 12:00 pm
 - Sunday 4:30 pm

OneRoof (Youth Services 12 - 25 years)

- 242 Queen Street South, Kitchener
 - Monday - Friday 1:00 pm & 7:00 pm

- Saturday & Sunday 11:00 am & 7:00 pm

*For updated information regarding food resources call the Food Bank of Waterloo Region 519.743.5576